



Indigenous Ceremonial & Medicinal Plant Guide

Provided by UNB

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A

Acer rubrum
Acer saccharum
Acer spicatum
Acer pensilvanicum
Achillea millefolium
Acorus americanus
Abies balsamea
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L

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CEREMONIAL & MEDICINAL PLANTS

A LITTLE BIT ABOUT US

This booklet was created for our 4th year project for the Management Practicum course. Our project aimed to collect data of plant species with indigenous value at the UNB Woodlot. The UNB Woodlot covers 1,500 ha and covers Heritage Development and Heritage Conservation land. This ceremonial and medicinal plant guide is meant to fulfill the educational goal of the project, by promoting indigenous knowledge and the "Seven Generations Principle". Our decisions today should result in a sustainable world for the next seven generations.

ABOUT THE PLANTS

The plants included in the booklet have various uses. You will be surprised of the benefits some of the plants you casually see on the sidewalks may have!

GET IN TOUCH WITH US

- Email: medicinalwalkers@gmail.com
- Website:

Acer rubrum

Red Maple



Description:

Habitat

Medicinal purposes:

Ceremonial Purposes:



Acer saccharum

Sugar Maple



Description:

Habitat

Medicinal purposes:

Ceremonial Purposes: